

Sleep News in Brief

THE
SLEEP DISORDERS
CLINIC

Nov. 2012
Vol.1 Iss.1

Dr. Raymond Gottschalk, Diplomate of the ABIM Sleep Medicine



Dr. Gottschalk is now one of a few sleep doctors in Canada who are diplomates of the new board of sleep medicine examination administered by the American Board of Internal Medicine. He passed the exam with results above the 90th percentile. Congratulations Raymond from all your staff.

Dr. Gottschalk has recently co-authored a book for lay people on insomnia entitled "Insomnia in Adults and Children". Limited copies are available from our office.

Dr. Gottschalk has also written a chapter for a new surgical textbook on the treatment of sleep apnea directed at surgeons to be published shortly. The book was written in collaboration with an international cohort of doctors from the US, Singapore and Canada.

How A Sleep Report Is Generated

After a patient has an overnight study, the study is sent for data analysis and review or "scoring" by one of our in-house registered polysomnographic technologists. Using American Academy of Sleep Medicine standards, the data is reviewed and assessed according to a number of criteria including sleep quality, respiratory disturbances, and body movements. The scored study is then electronically sent to one of our reporting physicians who comments on all aspects of the

study. The interpreted study is sent for transcription and is then faxed or emailed back to the family and/or referring doctors.

All our sleep interpretations are ENTIRELY PHYSICIAN GENERATED. We are committed to reducing our waiting times for reports from the CPSO standard of four weeks to a two week turnaround time by November 2012. If you require an urgent report, please give our office a call or email reception@sleep-clinic.ca and we will have the report to you within 24 hours.

Short Waiting Times For Your Patients

We often hear from our referring doctors and patients that our waiting lists are long and so doctors send their patients to labs where they expect a shorter waiting list. Please be assured that our wait times fall within those of other laboratories in our immediate area.

Over the past year we have worked very hard to shorten our waiting lists, through the use of standby patients, utilizing our pre-op beds if not filled with surgical patients, and a thorough and efficient triage process. Urgent patients are booked within 48 hours and even low priority patients are currently booked within 1- 2 weeks. Your patient will be notified of their appointment by phone or email within a few days of receiving the referral. If your patients are agreeable to communication via email, providing the email address of a patient on the referral form is very helpful for us.



NEW! STATE OF THE ART EQUIPMENT

We have completed an installation of state of the art Respironics "Alice 6" equipment in our 3 sleep laboratories. We are now one of the largest labs in North America to be operating what we believe to be the best diagnostic equipment in the business.

New Sleep Lab In Cambridge!

Cambridge Memorial Hospital has opened a new sleep lab run by the Sleep Disorders Clinic and Dr. Gottschalk. The laboratory is a 3 bedded lab running 7 days per week for your patient's convenience. We have support from Medigas to provide our patients with excellent service for CPAP therapy and all other related needs. Medigas has expanded its operations to Cambridge and is conveniently located at 679 Coronation Boulevard directly across from CMH. Contact Medigas directly at 519.893.3250 for more information.

CAMBRIDGE
MEMORIAL
HOSPITAL

NEW! ONLINE WEB REFERRAL

- TRY OUR NEW ONLINE WEB REFERRAL: USE WWW.SLEEP-REFERRALS.CA and save a copy of the referral directly to your EMR.
- ALL PATIENT APPOINTMENTS CAN BE CONFIRMED BY EMAIL: patients can click to confirm their appointment or to request a different date for the sleep study.
- RATE OUR SERVICE: doctors can rate our service anytime by taking our "physician satisfaction survey" on the first page of "services" for doctors at www.sleep-clinic.ca/doctor_services

DO YOU HAVE COMMENTS ABOUT THIS ISSUE OF **SLEEP NEWS IN BRIEF** OR DO YOU HAVE A SUBJECT REQUEST FOR A FUTURE ISSUE? WE INVITE YOU TO SEND YOUR FEEDBACK AND IDEAS TO RECEPTION@SLEEP-CLINIC.CA.