THE SLEEP DISORDERS CLINIC

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NEW OHIP REGULATIONS AS OF APRIL 1 2012:
Check appropriate box: referral will be returned if no X
☐ **Sleep study; consult; treatment if required**
☐ **Diagnostic sleep study only, no consult, no treatment**
☐**Consult; followed by diagnosis and treatment if required**

REFERRALS CAN BE MADE ONLINE AT WWW.SLEEP-CLINIC-REFERRALS.CA

PATIENT'S NAME (last/ first):_____DOB:_____
(DD/MM/YYYY)

ADDRESS:_____

HEALTH CARD NUMBER:_____VERSION CODE:_____

PHONE NUMBER:_____AFTER HOURS/ CELL:_____

PATIENT'S EMAIL ADDRESS:_____

REFERRING PHYSICIAN'S NAME: (PLEASE PRINT)_____

PHYSICIAN'S SIGNATURE: _____PHYSICIAN'S BILLING NUMBER:_____

FAMILY DOCTOR (if different to referring doctor):_____

IMPORTANT: It is imperative that each section on this requisition be filled out as patients are prioritized according to severity of symptoms. Your office will be notified of the sleep study appointment/ office visit by mail. Please notify your patient of their appointment, our cancellation policy, and that they should check our website for instructions prior to attending the overnight appt.

Patient should be able to care for self in sleep lab.
☐ Problems with mobility
☐ Incontinence ☐ Urinary ☐ Fecal
☐ Communication (Hearing impaired, language, etc)
☐ Developmental/Psychological Disorder
☐ History of Violence ☐ History of Seizure Disorder
☐ Infectious Disease ☐ TB ☐ MRSA ☐ VRE

Specify.
_____
_____
_____
_____
☐ Other_____

SYMPTOMS LEADING TO REFERRAL:
☐ Snoring
☐ Snoring with apnea
☐ Significantly overweight (BMI >30)
Height_____ Weight_____
☐ Unrefreshing sleep
☐ Excessive daytime sleepiness
☐ Frequent awakenings
☐ Difficulty initiating or maintaining sleep
☐ Restless legs
☐ Unusual movement during sleep
☐ Abnormal behaviour during sleep
☐ Other (specify)_____
☐ Oxygen _____l/min

WORKING DIAGNOSIS:☐ Sleep apnea ☐ Insomnia ☐ Narcolepsy ☐ Restless Legs Syndrome ☐ Other

OTHER MEDICAL DIAGNOSES: (Specify)
☐ Cardiac History
☐ DM
☐ Hypertension
☐ Medically Stable
☐ Other(specify)_____

☐ Patient has had a sleep study within past five years.
☐ Sleep study done more than five years ago.
Reports for studies done at other laboratories within past five years must be provided in order for a booking to be made.

☐Patient has been treated with CPAP in the past; not currently on CPAP treatment.
☐ Patient is currently on CPAP: current pressure _____
☐ BIPAP IPAP___ cm H2O EPAP _____cm H2O

We offer last minute appointments available at short notice.